

Keys to Successful Weight Loss Seminar

Jed Adamson N.M.D. C.Ac. L.M.T. Dr. Adamson's research has lead him to study with Gary Young, world authority on Essential Oils and natural wellness, and now is so enthusiastic about the possibilities with Essential Oil that he is coming to Blackfoot to share his discoveries. He has **lost over 30 lbs** with essential oils and the principles he will teach.

Nancy Sanderson Intl Business Owner Nancy has struggled with her health and weight for many years. Unable to find help from the medical profession or lose more than 25 lbs., she traveled to the Nova Vita Clinic in Ecuador to use natural supplementation, diet, essential oils, balance hormones, and emotional clearing. She has since **slimmed down by 85 lbs**, and has an international business sharing essential oils.

Margaret Houghton M.S. in Education Margaret has struggled with her weight for most of her life. By putting the principals taught in "Feelings Buried Alive" by Karol K. Truman to address her emotional issues and diet changes; she has been able to **free herself from nearly 100 lbs!** She will teach methods that everyone can apply to "*unlock the real you*".

Nancy Crowley R.N. Professional Energy Kinesiologist Nancy has had over 1000 hours to study Kinesiology and emotional clearing to target a person's emotional and physical needs. As hormone changes took place in midlife through a 12 year period she gained 80 lbs. She has since she has **shed 85 lbs**. She will explain how emotions affect our physical bodies and how we can change negative energy to positive.

Jarom Phillips Fitness Expert and Trainer Jarom will share his insights on fitness and how to burn fat all day for maximum weight loss.

Unlock the Real You!

- Balance Hormones
- Cleanse Toxins
- Essential Oils
- Blood Sugar
- Emotions
- Fitness

**Nancy Crowley
before & after losing
85 lbs.**



**Margaret Houghton
before & after losing
99 lbs.**

**More details available
on our website:**

www.phiteam.net

Door Prizes!

Friday, March 26, 2010
Building the Body with Essential Oils

FREE EVENT

Shilling House

81 N. Shilling, Blackfoot, ID

Friday: 7-9:00 p.m. FREE

For Tickets call 208-684-5110

Limited seating



Saturday, March 27, 2010
Shilling Reception Center

214 S. University Blackfoot, ID

Saturday: 9:00 A.M. – 5:00 P.M.

\$35/person or \$60/Married Couple

w/ pre-registration/ \$40 at door

208-684-5110 or www.phiteam.net

Limited Seating